

OCTOBER | 2023

School Lunch



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Price: \$3.50

2 Cheese Pull apart
Steamed Corn
Marrnara Cup
Diced Pears
Milk

3 Beef Taco Stick
Refried Beans
Salsa Cup
Apple
Milk

4 WG Pepperoni Calzone
Steamed Carrots
Broccoli Florets
Banana
Milk

5 Breakfast Uncrustable
Wedge Potatoes
Fruitable
String Cheese & Goldfish
Applesauce
Milk

No School

9 No School

10 Meat Lasagna
WG Breadstick
Steamed Peas
String Cheese
Cauliflower Florets
Applesauce
Milk

11 Corn Dog
Hummus
Baby Carrots
Banana
Milk

12 Chicken Sandwich on a Bun
Steamed Edamame
Broccoli Florets
Fruit Cup
Milk

13 Pizza
Broccoli Florets
Apple
Cookie
Milk

16 Honey BBQ Beef Rib on a Bun
Baked Beans
Baby Carrots
Diced Pears
Milk

17 Queso Pull Apart
Peas
Fresh Broccoli
Applesauce &
Milk

18 Cheeseburger
Mixed Vegetables
Cauliflower Florets
Banana
Milk

19 Lasagna Roll Up
Green Beans
Carrot Coins
Sidekick
Milk

No School

23 No Meatloaf Sandwich
WG Bun
Steamed Carrots
Fruitable
Pear
Milk

24 PB & Uncrustable
Steamed Edamame
Cheesy Potatoes
Strawberry Cup
Milk

25 Crispy Chicken Sandwich
WG Bun
Steamed Corn
Baby Carrots
Banana
Milk

26 Turkey Sausage Egg and
Cheese Wrap
String Cheese
Mixed Vegetables
Celery Sticks
Applesauce
Milk

27 Pizza
Broccoli Florets
Apple
Cookie
Milk

30 Salisbury Steak
WG Bun
Steamed Peas
Carrot Coins
Pear Cup
Milk

31 Cheese Quesadilla
Refried Beans
Salsa
Applesauce
Milk

October Lunch

Please mark an X the days your child would like to eat hot lunch. Please send exact change for the total with this slip by 10/5. WE WILL NOT HAVE CHANGE.

Student: _____

Grade: _____

- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____
- 16 _____
- 17 _____
- 18 _____
- 19 _____
- 23 _____
- 24 _____
- 25 _____
- 26 _____
- 27 _____
- 30 _____
- 31 _____

Total: \$ _____
(or write "free")