

# MAY | 2026

## Most Blessed Sacramento School Lunch

Price per meal: \$2.75



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27		28	29	30	1
4	5	6	7	8	
11	12	13	14	15	
18	19	20	21	22	
25	26	27	28	29	

**News**  
 \*\*Please note that items may be substituted due to availability\*\*

**Meat/Alternate**  
 Grades K-5 - 1oz per day/ 8 oz. per week  
 Grades 6-8 - 1oz per day/ 9 oz. per week

**Grain/Bread**  
 Grades K-5 - 1oz per day/ 8 oz. per week  
 Grades 6-8 - 1oz per day/ 8 oz. per week

**Fruit**  
 Grade K-8 - 1/2 cup per day/ 2 1/2 cups per week

**Vegetable**  
 Grades K-8 - 3/4 cup per day/ 3 3/4 cups per week

**Milk**  
 1 cup 1% or Fat Free  
 USDA is an equal opportunity provider, employer, and lender.

!!SUMMERTIME!!

