

AUGUST | 2026

Most Blessed Sacramento School Lunch

Price per meal: \$3.90

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

WELCOME BACK CHARGERS!



3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31	1	2	3	4

****Please note that items may be substituted due to availability****

Meat/Alternate

Grades K-5 - 1oz per day/ 8 oz. per week

Grades 6-8 - 1oz per day/ 9 oz. per week

Grain/Bread

Grades K-5 - 1oz per day/ 8 oz. per week

Grades 6-8 - 1oz per day/ 8 oz. per week

Fruit

Grade K-8 - ½ cup per day/ 2 ½ cups per week

Vegetable

Grades K-8 - ¾ cup per day/ 3 ¾ cups per week

Milk

1 cup 1% or Fat Free

USDA is an equal opportunity provider, employer, and lender.

24 Meatball Sub
WG Sub Bun
Marinara
Green Beans
Pear
Milk

25 Hot Chicken Sandwich
Steamed Carrots
Cauliflower
Fruit Cup
Milk

26 Pepperoni Calzone
Steamed Corn
Celery Sticks
Banana
Milk

27 Beef Taco
WG Tortilla
Ranchero Pinto Beans
Baby Carrots & Cheese
Oranges
Milk

28 Pizza
Broccoli Florets
Grape Tomatoes
Apple
Cookie
Milk

21 Pizza
Broccoli Florets
Grape Tomatoes
Apple
Cookie
Milk

20 Hot Dog
WG Bun
Baked Beans
Celery Sticks
Oranges
Milk

19 Mac & Cheese Pizza
Baby Carrots
Fruitable
Banana
Milk

31 Beef Taco Stick
Corn
Salsa
Pear
Milk