

SEPTEMBER 2026

Most Blessed Sacrament School Breakfast

Price Per Meal:
\$2.23

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Maple Waffle
Syrup
Apple
Milk

2
Apple Cinnamon Bar
Pear
Milk

3
Blueberry Pancake
Syrup
Banana
Milk

4
Apple Frudel
Orange Juice
Milk

7
NO SCHOOL

LABOR DAY

8
Trix French Toast
Apple
Milk

9
WG Poptart
Pear
Milk

10
Super Donut
String Cheese
Banana
Milk

11
Lemon Crunch Bar
Orange Juice
Milk

14
WG Poptart
Orange Juice
Milk

15
Blueberry Donut
Apple
Milk

16
Maple Pancake
Syrup
Pear
Milk

17
Celebration cake Bar
String Cheese
Banana
Milk

18
Strawberry Bagel
Orange Juice
Milk

21
WG Cereal
Orange Juice
Milk

22
WG Poptart
Apple
Milk

23
Oatmeal Chocolate Chip Bar
String Cheese
Pear
Milk

24
Mini Confetti Pancakes
Syrup
Banana
Milk

25
Cinnamon Toast Crunch Pastry
Orange Juice
Milk

28
WG Poptart
Orange Juice
Milk

29
Mini Cinnamon Waffles
Syrup
Apple
Milk

30
Cinnamon Cream Cheese Bagel
Pear
Milk

News

****Please note that all items are subject to change****

Grain

**Grades K-5: 7-10oz Weekly
Minimum 1 oz Daily
Grades 6-8: 8-10oz Weekly
Minimum 1oz `Daily**

Fruit

**Grades K-8: 1 Cup Daily
And 5 Cups Weekly**

Milk

1 Cup 1% or Fat Free

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