

SEPTEMBER 2026

Most Blessed Sacrament School Lunch

Price per meal:
\$3.90

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Crisy Chicken Sandwich
WG Bun,
Steamed Carrots
Cauliflower florets with Ranch
Fruit cup
Milk

2 Pepperoni Calzone
Steamed Corn
Celery Sticks with Ranch
Banana Milk

3 Beef Taco
WG Doritos
Ranchero Beans
Cheese, Salsa, Sour Cream
Baby Carrots with Ranch
Orange
Milk

4 Pizza
Chopped Romaine
Grape Tomatoes
Apple
Cookie
Milk

7 NO SCHOOL

LABOR DAY

8 Cheeseburger
WG Bun
Baked Beans
Broccoli Florets with ranch
Sidekick
Milk

9 PB & J Uncrustable
Au gratin Potatoes
Celery Sticks with Ranch
Banana
Milk

10 Chicken Parmesan Sandwich
WG Bun & Marinara Cup
Green Beans
Baby Carrots with Ranch
Applesauce
Milk

11 Pizza
Chopped Romaine
Grape Tomatoes
Apple
Cookie
Milk

14 BBQ Chicken Sandwich
WG Bun
Mixed Vegetables
Celery Sticks with Ranch
Pear
Milk

15 Beef Walking Taco
WG Doritos
Steamed Corn
Salsa, Cheese, and Sour Cream
Fruit Cup
Milk

16 Italian Pull Apart
Marinara Cup
Broccoli Florets with Ranch
Banana
Milk

17 Hot Dog
Baked Beans
Baby Carrots with Ranch
Orange
Milk

18 Pizza
Chopped Romaine
Grape Tomatoes
Apple
Cookie
Milk

21 Monkey Bread
Marinara Cup
Steamed Corn
Pear
Milk

22 Sloppy Joe with bun
Baked Beans
Broccoli Florets with Ranch
Applesauce
Milk

23 Mac and Cheese Pizza
Fruitable
Celery Sticks with Ranch
Banana
Milk

24 PB & J Uncrustable
Cheesy Potatoes
Baby Carrots with Ranch
Orange
Milk

25 Pizza
Chopped Romaine
Grape Tomatoes
Apple
Cookie
Milk

28 Meatball Sub
WG Bun
Marinara Cup
Pear
Milk

29 Crisy Chicken Sandwich
WG Bun,
Steamed Carrots
Cauliflower florets with Ranch
Fruit cup
Milk

30 Pepperoni Calzone
Steamed Corn
Celery Sticks with Ranch
Banana
Milk

News

****Please note that items
may be substituted due to
availability****

Meat/Alternate

**Grades K-5 - 1oz per day/ 8
oz. per week
Grades 6-8 - 1oz per day/ 9
oz. per week**

Grain/Bread

**Grades K-5 - 1oz per day/ 8
oz. per week
Grades 6-8 - 1oz per day/ 8
oz. per week**

Fruit

**Grade K-8 - ½ cup per day/
2 ½ cups per week**

Vegetable

**Grades K-8 - ¾ cup per
day/ 3 ¾ cups per week**

Milk

1 cup 1% or Fat Free

*USDA is an equal
opportunity
provider, employer, and
lender.*