

OCTOBER 2026

Most Blessed Sacrament School Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Price per meal: \$2.23

1 Blueberry Pancake
Syrup
Banana
Milk

2 Banana Choc chunk Bar
Orange Juice
Milk

5 WG Cereal
Orange Juice
Milk

6 Trix French Toast
Apple
Milk

7 WG Pop tart
Pear
Milk

8 Super Donut
String Cheese
Banana
Milk

9 Lemon Crunch Bar
Orange Juice
Milk

12
NO SCHOOL

13 Blueberry Donut
Apple
Milk

14 Maple Pancake
Syrup
Pear
Milk

15 Celebration cake Bar
String Cheese
Banana
Milk

16 Strawberry Bagel
Orange Juice
Milk

19 WG Cereal
Nutri Grain Bar
Orange Juice
Milk

20 WG Pop tart
Apple
Milk

21 Oatmeal Chocolate Chip Bar
String Cheese
Pear
Milk

22 Mini Confetti Pancakes
Syrup
Banana
Milk

23
NO SCHOOL

26 WG Cereal
Orange Juice
Milk

27 Maple Waffle
Syrup
Apple
Milk

28 Apple Cinnamon Bar
Pear
Milk

29 Blueberry Pancake
Syrup
Banana
Milk

30 Banana Choc chunk Bar
Orange Juice
Milk

News

****Please note that all items are subject to change****

Grain

**Grades K-5: 7-10oz Weekly
Minimum 1 oz Daily
Grades 6-8: 8-10oz Weekly
Minimum 1oz `Daily**

Fruit

**Grades K-8: 1 Cup Daily
And 5 Cups Weekly**

Milk

1 Cup 1% or Fat Free

USDA is an equal opportunity provider, employer, and lender.