

NOVEMBER 2026

Most Blessed Sacramento School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Price per meal: \$3.90

2 Beef Taco Stick
Steamed Corn
Salsa Cup and Sour Cream
Apple
Milk

3 Cheeseburger
WG Bun
Mashed Potatoes
Fruitful
Trail Mix
Milk

4 PB & J Uncrustable
Roasted pizza Fava Beans
Celery Sticks with Ranch
Banana
Milk

5 Chicken Parmesan Sandwich
WG Bun
Marinara Cup
Green Beans
Applesauce
Milk

6 Pizza
Chopped Romaine
Baby Carrots with Ranch
Apple
Cookie
Milk

9 BBQ Chicken Sandwich
WG Bun
Mixed Vegetables
Celery Sticks with Ranch
Applesauce
Milk

10 Beef Walking Taco
WG Doritos
Refried Beans
Salsa, Cheese, and Sour Cream
Fruit Cup
Milk

11 Italian Pull Apart
Marinara Cup
Broccoli Florets
Banana
Milk

12 Hot Dog
Corn
Baby Carrots with Ranch
Pineapple Cup
Milk

13 Pizza
Chopped Romaine
Grape Tomatoes
Apple
Cookie
Milk

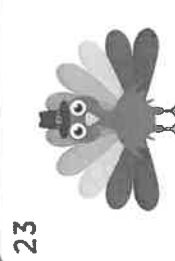
16 Grilled Cheese
Roasted Buffalo Fava Beans
Cauliflower with Ranch
Apple
Milk

17 Corn Dog
Steamed Corn
Broccoli Florets with Ranch
Applesauce
Milk

18 Mac and Cheese Pizza
Chopped Romaine
Celery Sticks with Ranch
Banana
Milk

19 Monkey Bread
Marinara Cup
Baby Carrots with Ranch
Pineapple Cup
Milk

20 Pizza
Chopped Romaine
Grape Tomatoes
Apple
Cookie
Milk



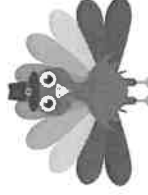
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24

25

26

27



Milk
1 cup 1% or Fat Free

Vegetable

Grades K-8 - ¾ cup per day/
3 ¾ cups per week

Fruit

Grade K-8 - ½ cup per day/
2 ½ cups per week

Grain/Bread

Grades K-5 - 1oz per day/
8 oz. per week

Grades 6-8 - 1oz per day/
8 oz. per week

Meat/Alternate

Grades K-5 - 1oz per day/
8 oz. per week

Grades 6-8 - 1oz per day/
9 oz. per week

News

****Please note that items may be substituted due to availability****

USDA is an equal opportunity provider, employer, and lender.

NO SCHOOL
THANKSGIVING BREAK

30 Beef Taco Stick
Steamed Corn
Salsa Cup and Sour Cream
Apple
Milk