Diabetes Management Policy

Most Blessed Sacrament Parish School is committed to supporting students with diabetes to ensure they can manage their condition effectively and safely while fully participating in all school activities. This policy outlines requirements for Individualized Health Plans (IHPs), medication and monitoring equipment, independent self-management rights, and emergency response.

1. Individualized Care & Action Plans

- **Diabetes Medical Management Plan (DMMP):** Parents/guardians must provide a completed **DMMP** (or Diabetes Action Plan) signed by the student's licensed healthcare provider and parent/guardian at the start of each school year.
- **Individualized Health Plan (IHP):** The school nurse, in consultation with parents and school staff, will develop an IHP/504 Plan based on the DMMP outlining daily routines, meal schedules, testing parameters, and accommodations.

2. Self-Management Rights

- **Independent Care:** Qualified students who demonstrate sufficient maturity and technical capability (as authorized in writing by their healthcare provider and parent/guardian) are permitted to perform blood glucose checks, administer insulin, operate continuous glucose monitors (CGMs) or pumps, and manage hypoglycemia/hyperglycemia in any school location (e.g., classroom, gymnasium, field trip).
- **Storage of Supplies:** Students may self-carry their testing gear, fast-acting carbohydrates, and insulin/delivery systems. A backup supply of all essential medications and testing materials must also be stored in the Nurse's Office.

3. Storage & Accessibility of Emergency Supplies

- **Glucagon Storage:** Prescribed emergency glucagon (nasal spray or injectable) must be stored in a secure, unlocked, and clearly marked location in the Health Office to ensure immediate access during severe hypoglycemia.
- **Classroom Supplies:** Fast-acting glucose sources (such as juice boxes or glucose tablets) will be maintained in the student's primary classroom(s) and in the Nurse's office.

4. Emergency Protocols & Staff Training

- **Trained Diabetes Personnel (TDP):** Designated school staff members receive annual training on recognizing symptoms of high blood sugar (hyperglycemia) and low blood sugar (hypoglycemia), assisting with glucose testing, and administering emergency glucagon.
- **Hypoglycemia Protocol:** If a student displays signs of low blood sugar, staff will immediately administer fast-acting carbohydrates per their Action Plan. **A student experiencing hypoglycemia must never be left unattended or sent to the nurse alone.**
- **Emergency Medical Services (911):** Calling 911/EMS is mandatory if:
    - Emergency glucagon is administered.
    - The student loses consciousness, experiences a seizure, or is unable to swallow safely.
    - Blood glucose levels do not respond after repeated treatments as specified in the DMMP.