Seizure Management Policy

Most Blessed Sacrament Parish School is dedicated to maintaining a safe, supportive environment for students diagnosed with seizure disorders or epilepsy. This policy establishes clear guidelines for individual Seizure Action Plans, emergency rescue medication administration, staff training, and emergency protocols.

1. Seizure Action Plan & Individualized Care

- **Seizure Action Plan (SAP):** Parents/guardians of students with a diagnosed seizure disorder must submit a personalized **Seizure Action Plan** signed by a licensed healthcare provider and a parent/guardian prior to the start of each school year.
- **Plan Specifics:** The SAP must detail the student's specific seizure types, typical triggers, warning signs, baseline post-seizure recovery behavior, and emergency contact numbers.

2. Emergency Rescue Medication

- **Authorized Medications:** If a student requires prescribed emergency rescue medication (such as nasal sprays, rectal gels, or dissolvable tablets), parents/guardians must provide the medication in its original, pharmacy-labeled packaging.
- **Storage & Access:** Rescue medications are stored in an easily accessible, secure, unlocked location in the Health Office to ensure rapid access during a prolonged seizure.

3. First Aid & Safety Protocols

- **Basic Seizure First Aid:** School personnel are instructed in basic seizure response:
    - Stay calm, track time, and protect the student from physical injury.
    - Turn the student onto their side if possible (to keep the airway clear).
    - **Never** place any object in the student's mouth or restrain their movements.
- **Emergency Response (911):** Calling 911/EMS is mandatory if:
    - A seizure lasts longer than 5 minutes (or exceeds the time limit specified in the SAP).
    - A second seizure begins shortly after the first.
    - The student has difficulty breathing or does not regain consciousness after the seizure ends.
    - The seizure occurs in water.
    - It is a first-time seizure with no known prior diagnosis.

4. Staff Training & Protections

- **Annual Training:** Designated staff members (including classroom teachers, school nurses, physical education staff, and administrators) receive annual training on recognizing seizure symptoms, executing basic first aid, and administering prescribed rescue medications.
- **Notification:** Parents/guardians will be notified immediately following any seizure activity experienced by their child at school.