



A Prayer Before the Most Blessed Sacrament



*Compassionate and merciful Jesus, I humbly place my heart before You this day. It is filled with so many burdens, worries, and fears. I lay these struggles down and trust in Your tender love. Free me from pride, distress, anxiety, and anything that weighs heavy on my heart. Allow me to place my total trust in Your Divine Providence. Enlighten me with Your grace so I may live the way You ask me to love - and love the way You ask me to live. Allow the infinite graces of this Holy Sacrament to enfold my loved ones, my friends, and my parish family of faith in Your protective and gentle care. Let the healing balm of Your precious body and blood lift up my downcast spirit; allow Your boundless mercy to renew my hardened heart. As I kneel before You professing my belief that You are fully and truly present in the Most Blessed Sacrament: Body, Blood, Soul, and Divinity, I lovingly accept Your Holy Will in my life. Acknowledging the many blessings you have entrusted to me, I pray with a heart filled with gratitude and joy: not my will - but Your will be done, on Earth as it is in Heaven. **Amen.***